

Accessible day trips for visually impaired visitors



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INTRODUCTION

Are you curious about all there is to see in Flanders? Why not venture inside one of the thousands of historic buildings and be amazed! The vast range of museums, castles and religious buildings offers something for everyone. Nature lovers will not be disappointed either as there is an abundance of options for them too. Browse around, explore, visit and experience: you can do it all! Even for those that need some adjustments or additional facilities. This brochure provides an overview of the options for accessible day trips in Flanders and Brussels for persons with a visual impairment. We are aware that this information is not yet complete, but we hope it is enough to tempt you to plan a visit.

For whom?

The information in this brochure is first and foremost intended to be useful for tourists with a visual impairment. We indicate only that certain facilities are available. You'll find more details in the accompanying text. This doesn't necessarily mean that the building or the site is suitable for you in all its aspects.

And of course, accessibility needs and requirements differ from one person to the next. Every disability is different after all. So do please be sure to contact the place you are planning to visit before you leave. Then you can get the exact information you need and will know what to expect.

Do you want to know more?

Looking for more information on accessible travel in Flanders and Brussels? Please contact VISITFLANDERS. On our website www.visitflanders.com/accessibility you can find some useful tips and share your experiences with others.

Grasmarkt 61 – 1000 Brussels, Belgium

T +32 2 504 03 40

F +32 2 504 04 05

accessible@visitflanders.com

www.visitflanders.com/accessibility



1. Art cities

ANTWERP

- Museums and attractions

MAS - Museum aan de Stroom

Hanzestedeplaats 1
2000 Antwerp
Tel.: +32 3 338 44 00
E-mail: MAS@stad.antwerpen.be
Website: www.mas.be

Heritage forum in Antwerp with theme tales about the stream, the city, the port and the world.

There are special guided tours for people with a visual disability. A micro SD card or a Daisy player CD with the MAS story is available at reception. Not all objects on display, texts and screens are visible or accessible to blind and visually impaired people.

M HKA (Museum of contemporary art Antwerp)

Leuvenstraat 32
2000 Antwerp
Tel.: +32 3 260 99 99
E-mail: info@muha.be
Website: www.muha.be

The M HKA building was previously a grain silo and warehouse. Today the museum is an absolute must for the contemporary art lover. A place for both Belgian and international contemporary art and artists; diverse exhibitions and collection presentations. The ideal starting point for a visit to the hip neighbourhood of Antwerp Zuid.

Guided tour of the exhibition for the blind and visually impaired, mandatory reservations via reservatie@muha.be. Max. 8 + 8 persons, the guided tour takes about 1 hour and 30 minutes.

Red Star Line museum

Montevideostraat 3
2000 Antwerp
Tel.: +32 3 298 27 70
E-mail: redstarline@stad.antwerpen.be
Website: www.redstarline.be

The historical warehouses of the legendary Red Star traders recognised by their flag, currently house the Red Star Line Museum. Here stories are told of the millions of Europeans

who were courageous or desperate enough to leave their lives behind in search of a better future existence.

Via an emotional rollercoaster of high expectations and deep disappointments, adrenaline rushes and sleepless nights they went towards the dream that was to become reality; or not. The former Red Star Line harbour warehouses are the perfect location for making these stories of countless travellers tangible and visible. Their dreams and aspirations come alive in this inspiring setting.

The exhibition starts on the ground level. There is a big lift that goes up to the first floor. The tower and toilets also have a lift for access. Blind or visually impaired visitors can request the hall texts in advance.

City brewery De Koninck

Mechelsesteenweg 291

2018 Antwerp

Tel.: +32 3 866 96 90

E-mail: info@dekoninck.be

Website: www.dekoninck.be

Do you feel like getting to know a real icon of Antwerp better? The new interactive brewery tour will submerge you completely in the world of the Antwerp City Brewery. It will be educational, interesting, but also especially very pleasant. In various theme spaces you learn everything about Antwerp as a beer city, the Belgian beers and the complete brewing process. Numerous interactive means and audio-visual effects ensure a 360° total experience. Do not be confused if you suddenly find yourself in the middle of the action: on the bridge in the hall of the brewery of 4 metres high you feel the unique dynamics of the brewery. Has the whole adventure made you thirsty? Your dry throat will soon be forgotten, when you drink a perfectly tapped 'bolleke' (typical Antwerp beer) at the end of the tour. There are audio guides available.

Antwerp Zoo

Koningin Astridplein 26

2018 Antwerp

Tel.: +32 3 202 45 40

E-mail: info@zooantwerpen.be

Website: www.zooantwerpen.be

The Antwerp Zoo is one of the oldest and most famous zoos in Europe. Make sure you have enough time for a visit, because there are many things to see and to experience. Penguins in Vriesland, elephants and giraffes in a unique Egyptian temple and Hippos in Hippotopia. Come and admire the butterflies in the tropical Butterfly Garden as well!

There is a special obstacle-free path. The Sea lion show can be accessed by lift. There are

also special programs and tours for people with visual impairments. Guide dogs are allowed. You can get more information from the booking service on: +32 3 202 45 40.

- **Monuments and buildings**

Cathedral of Our Lady

Groenplaats 21
2000 Antwerp
Tel.: +32 3 213 99 51
E-mail: info@dekathedraal.be
Website: www.dekathedraal.be

There is a floor plan with braille inscriptions. Guided tours for people with a visual disability are possible if arranged in advance.

- **Cycling**

KVG cycling group

Stenenbrug 96
2140 Antwerp
Postal address: Bart Van De Mierop - Oostmalsesteenweg 311 - 2310 Rijkevorsel
Tel.: +32 476 924 212
E-mail: kvgfietsgroep.bartvandemierop@hotmail.com
Website: www.kvg.be

KVG Antwerp (association of the disabled) organises bicycle trips for people with and without a disability. There is always a choice between a long trip (45km) or a shorter one (20km). For the trip, you can use normal bikes, wheelchair bikes, tandems, handbikes, tricycles ...

BRUGES

- **Museums and attractions**

Archaeology museum

Mariastraat 36a
8000 Bruges
Tel.: +32 50 44 87 11
E-mail: musea@brugge.be
Website: www.museabrugge.be

This museum confronts aspects of life from prehistoric times, the Roman period and the Middle Ages (both Early and Late) with elements of 21st-century living. Under the motto of 'feel the past under your feet,' you will discover the history of the city through a series of 'doing' and 'searching' tasks. Guide dogs are allowed.

Belfry museum

Markt 7

8000 Bruges

Tel.: +32 50 44 87 43

E-mail: musea@brugge.be

Website: www.museabrugge.be

The most important of Bruges' towers stands 83 metres tall. It houses, amongst other things, a carillon with 47 melodious bells. In the reception area, waiting visitors can discover all kinds of interesting information about the history and working of this unique world-heritage protected belfry. Those who take on the challenge of climbing the tower can pause for a breather on the way up in the old treasury, where the city's charters, seal and public funds were kept during the Middle Ages, and also at the level of the impressive clock or in the carillonneur's chamber. Finally, after a tiring 366 steps, your efforts will be rewarded with a breath-taking and unforgettable panoramic view of Bruges and her surroundings. In front of the Belfry, there is a bronze version of the tower, that you can touch and that has some explanation in braille.

Bruges Beer Museum

Breidelstraat 3

8000 Bruges

Tel.: +32 479 359 567

E-mail: info@brugesbeermuseum.com

Website: www.brugesbeermuseum.com

Blind persons and the visually impaired can listen to all of the texts via an iPad. One iPad and 2 pairs of headphones are provided for blind and the visually impaired, which can be shared with their companion.

Cozmix, Observatory Beisbroek

Zeeweg 96

8200 Bruges

Tel.: +32 50 39 05 66

E-mail: info@cozmix.be

Website: www.cozmix.be

In the planetarium you can enjoy the magnificent star-spangled sky. You can see how the sun seems to move throughout the year, the ever-changing faces of the moon and the dancing of the planets between the shiny stars that goes on forever.

If you have a visual impairment, you can request the services of an employee who will explain everything in detail.

Historium

Markt 1

8000 Bruges

Tel.: +32 50 27 03 11

E-mail: info@historium.be
Website: www.historium.be

Experience the golden age of Bruges! Seven historically themed rooms with décor, film and special effects escort you back in time to a day in 1435. Follow the romantic story of apprentice Jacob and then enjoy the interactive exhibition, the panoramic view of the Grote Markt and our Duvelorium Grand Beer Café, the only Duvel-themed café in the world. The texts in the experience attraction are rather small and cannot be read by everyone. The audio guide allows you to experience everything in your own language.

Lace Museum

Balstraat 16
8000 Bruges
Tel.: +32 50 33 00 72
E-mail: info@kantcentrum.eu
Website: <http://kantcentrum.eu>

In the Lace Museum you will learn everything about the development period of lace, the basic techniques and moves, the types of lace and their geographic origins, the lace manufacturing of old days and modern days and the lace education of Bruges. Attention is paid to the appreciation of handicraft and the aesthetics of lace. Aside from that, there is the contemporary and the international image of lace. The Lace Museum of Bruges has been expanded with interaction and multimedia. With your admission ticket of the museum you can also attend the lace making demonstration in the Lace centre between 2 pm and 5 pm. This way, you experience an interesting total experience about lace in Bruges and far beyond.

A spacious elevator with braille indications takes you to all floors. A blind box has been supplied, in which the different kinds of lace can be felt. At the desk, the texts in the museum are available in large font. Customised guided tours and workshops can be offered.

St. John's Hospital

Mariastraat 38
8000 Bruges
Tel.: +32 50 44 87 11
E-mail: musea@brugge.be
Website: www.museabrugge.be

St. John's Hospital was once the largest urban institution for the sick, poor and needy. The friars and nuns who worked there left several stories, artefacts and artworks behind. These are still kept in the same location. Furniture, paintings, sculpture and various applied arts are exhibited in a building that boasts an 800 year old heritage. A pharmacy with herb gardens and reference books on medicine round off the collection. The museum has two 'plus suitcases' developed especially for children with a visual impairment. This customises their discovery of the museum to their specific needs. There are raised markings on the lift buttons for people with a visual impairment.

- Food and Drink

Pasta Gusto

Frank van Ackerpromenade 1/0001
8000 Brugge (Stationsplein)
Tel.: +32 50 38 58 88
E-mail: info@pasta-gusto.be
Website: www.pasta-gusto.be

Open daily from 11 a.m. to 9 p.m. Non-stop cuisine. Closed on Sundays and public holidays. The promenade is accessible by elevator, escalator or regular stairs. The railway station car park is right next to the restaurant. This restaurant offers menus in Braille and in extra-large print.

- Information offices

Visit Bruges

't Zand 34
8000 Bruges
Tel.: +32 50 44 46 46
Fax: +32 50 44 46 45
E-mail: toerisme@brugge.be
Website: www.inenuitbrugge.be

Brochures in braille and in large letter script are available.

BRUSSELS

- Museums and attractions

Brussels for All

A. Renoirstraat 5/4
1140 Evere
Tel.: +32 2 705 03 48
E-mail: info@brusselvoorallen.be
Website: www.brusselsforall.be

Are you planning a visit to our capital? Then be sure to take a look first at the website www.brusselsforall.be. This contains information about the accessibility of transport, entertainment, hotels, restaurants, cafés, museums, attractions, etc. In brief, everything that you as a person with a physical, visual or auditory disability need for a successful day out. All information was checked on the spot.



Cinquantenaire Museum (KMG)

Jubelpark 10

1000 Brussels

Tel.: +32 2 741 72 11

E-mail: info@kmg.be

Website: www.kmg-mrah.be

The Cinquantenaire Museum is one of the Royal Museums for History and Arts sites and contains 4 large sections: national archaeology, ancient times, non-European civilisations, and European decorative arts.

Tours are provided for people with visual impairments. These need to be booked three weeks in advance. Guide dogs are allowed.

Magritte Museum

Koningsplein 2

1000 Brussels

Tel.: +32 2 508 32 11

E-mail: Museumopmaat@fine-arts-museum.be

Website: www.musee-magritte-museum.be

In the Magritte museum you can see the impressive works of surrealist artist and painter René Magritte. The museum organises modified tours for people with visual problems. Visitors with a visual impairment should certainly give the monthly Equinox programme a try. With relief drawings, music, poetry, all kinds of objects, 3D productions and audio description you can discover the wonderful world of Magritte.

Museum on Measure - The Royal Museums of Fine Arts of Belgium

Regentschapsstraat 3

1000 Brussels

Tel.: +32 2 508 34 66

E-mail: Museumopmaat@fine-arts-museum.be

Website: www.extra-edu.be/MSM



The Royal Museums of Fine Arts of Belgium group different museums established in Brussels, including:

Musée OldMasters Museum

- Musée Modern Museum (selection)
- Musée Magritte Museum
- Musée Fin de Siècle Museum
- Musée Wiertz Museum
- Musée Meunier Museum

Museum on Measure is active in the complete Royal Museums of Fine Arts of Belgium, this means in the permanent collection but also outside of the museum. There are guided tours for deaf

and hearing impaired, blind and visually impaired, people with a learning and/or physical disability, youngsters and adults with economical, social or cultural difficulties in search of a better social and cultural integration.

Museum of Natural Sciences

Vautierstraat 29

1000 Brussels

Tel.: +32 2 627 42 38

E-mail: info@natuurwetenschappen.be

Website: www.natuurwetenschappen.be

Come and admire Europe's largest dinosaur exhibition. An unforgettable experience! Be sure to visit the permanent exhibitions in other halls and discover the temporary expos on the website. The bernissartensis iguanodons and other dinos, the Gallery of Humankind about evolution and the human body, BiodiverCITY about the city's biodiversity, the Lier mammoth, the insect hall and the vivarium, the shell and mineral collection and a host of other natural wonders. The museum will captivate your imagination for hours on end. The Educational service offers workshops for people with a visual disability. For questions about accessibility please email: suppoosten@natuurwetenschappen.be or call: +32 2 627 41 98.

Musical Instruments Museum (mim)

Hofberg 2

1000 Brussels

Tel.: +32 2 545 01 30

E-mail: info@mim.be or bespreekbureau@mim.be (workshops)

Website: www.mim.be

In the MIM you will find a world famous collection of musical instruments in an enchanting Art Nouveau building. Discover the sounds of old and contemporary, Belgian or exotic instruments, and whistle along the way.

The museum organises workshops, guided tours and concerts for visitors who are blind and visually impaired.

Parlamentarium

Wiertzstraat 60

1047 Brussels

E-mail: parlamentarium@europarl.europa.eu

Website: www.europarl.europa.eu/parlamentarium

Get to know the European Parliament in a whole new way. In this Visitor Centre you can learn more about the institution that represents you. The approach is new and refreshing. You go on a dynamic and interactive multimedia tour through the history of European integration and its impact on our daily lives.

For blind and visually impaired visitors, the centre has media guides with special audio files that describe the space, its contents and other important aspects. Tactile Braille cards in

Dutch, English, French and German lead the way. In two parts of the centre, there are Braille keyboards.

- [Walking and cycling](#)

Almagic - hiring of electric scooters and bikes

Mimosalaan 7
1150 Brussels
Tel.: +32 499 22 68 68
E-mail: almagic.asbl.news@gmail.com
Website: www.almagic.org

Almagic hires out 4 electric scooters and all kinds of adjusted bikes (tandems, tricycles, ...)
The prices are the same as the hiring prices of Provelo (www.provelo.org). You can hire for a maximum of 2 weeks.

- [Information offices](#)

Visit Flanders Information Centre

Grasmarkt 61
1000 Brussels
Tel.: +32 2 504 03 90
Fax: +32 2 513 04 48
E-mail: info@toerismevlaanderen.be
Website: www.visitflanders.com

People with a visual disability can use guidelines on both sides of the entrance doors to find a structure with a map in relief and Braille, which can also be used to page an employee. Three screens have speech recognition support software installed.

GHENT

- [Museums and attractions](#)

Museum Dr. Guislain

Jozef Guislainstraat 43
9000 Ghent
Tel.: +32 9 216 35 95
E-mail: info@museumdrguislain.be
Website: www.museumdrguislain.be

Museum Dr. Guislain aims to use its unique past and setting, where the first psychiatric institution in Belgium was founded, to conduct a debate on “what is normal, what is abnormal and how a society deals with this” in a multifaceted and contemporary manner.

The permanent collection of the Museum Dr. Guislain consists of three components. The first component is the history of psychiatry, the second is the photographic collection with photographs from 1860 to the present day, and the third is the collection of outsider art. This has evolved from a modest collection with work by people with a psychological disorder into a highly extensive collection with works by artists that each approach art from a “different” perspective.

Guided tours for the visually impaired are possible.

- **Cycling**

Buitenspel - hiring out of mobility aids

Jules Destréelaan 67

9050 Gentbrugge

Tel.: +32 9 210 00 00

E-mail: buitenspel@fracarita.org

Website: www.mfcsintgregorius.be

To find Buitenspel, please click Aanbod - (Neuro)motorische beperking - afdeling D - Buitenspel (under the third point, Dutch only).

At Buitenspel you can hire all sorts of tandems and a duobike. The bikes need to be collected/returned on Fridays from 10:00 to 12:00. Hire is on a weekly basis. See Facebook: www.facebook.com/fietsenmetbuitenspel.

LEUVEN

- **Museums and attractions**

M museum Leuven

Leopold Vanderkelenstraat 28

3000 Leuven

Tel.: +32 16 27 29 29

E-mail: bezoekm@leuven.be

Website: www.mleuven.be

Do you have a visual impairment? Then you can discover the museum with the adapted ‘Empire of Senses’ tour (‘Rijk-der-Zinnen’-rondleiding). The theme, perspective or method of approaching the works of art changes every two months. You can find the dates of the ‘Empire of Senses’ tours on the website. Booking is essential.



© Marc Van Langendonck

- **Walking**

Leuven +

Grote Markt
3000 Leuven
Tel.: +32 460 97 85 66
E-mail: info@leuven-plus.be
Website: www.gidsenleuven.be



© Leuven+

Hear and feel Leuven

Hear and Feel Leuven takes you to places where you can experience the city through touch, sound and smell. This walk is a unique experience that is equally enriching for anyone with normal vision.

MECHELEN

- **Museums and attractions**

Kazerne Dossin: Memorial, Museum and Documentation centre about Holocaust and Human rights

Goswin de Stassartstraat 153
2800 Mechelen
Tel.: +32 15 29 06 60
E-mail: info@kazernedossin.eu
Website: www.kazernedossin.eu

Kazerne Dossin is a special place for commemorating the Holocaust in Belgium. More than 25,000 Jews and Gypsies were brought together and put on a train to Auschwitz- Birkenau. Less than 5 percent survived. An impressive museum has given these forgotten people a face and brings their sad stories back to life. Every visit evokes sorrow, distress and makes you reflect. The museum building is designed by the well-known Belgian architect Bob Van Reeth.

An audio guide is available. Guide dogs for the blind are welcome.

All the information regarding accessibility can be found at:
www.kazernedossin.eu/EN/Bezoek/Praktisch/Toegankelijkheid

Planckendael

Leuvensesteenweg 582
2812 Mechelen
Tel.: +32 15 41 49 21
Website: www.planckendael.be

Planckendaal is so much more than a just a zoo. You can admire exotic animals, take an adventurous trip over hanging bridges, or stroll beneath the tree tops in this 40 hectare domain. There is loads of space for playing children, playing animals and meandering visitors.

Special themed tours are organised for people with a visual impairment. There are reserved parking spaces (for a fee) near the entrance. Guide dogs are allowed. More information at the reservation service: +32 3 224 89 10.

Toy Museum

Nekkerspoelstraat 21

2800 Mechelen

Tel.: +32 15 55 70 75

E-mail: info@speelgoedmuseum.be

Website: www.speelgoedmuseum.be

Discover the biggest collection of toys in Europe, of the past and the present. Fall under the spell of the amazing world of games and toys, with puppets, party games, trains, teddy bears, building toys and so much more. The playful and interactive presentation of the permanent collection and the temporary exhibitions will make every visit a unique experience.

Guide dogs are allowed.

- [Monuments and buildings](#)

St. Rumbold's Cathedral

Onder den Toren 12

2800 Mechelen

Tel.: +32 70 22 00 08

E-mail: visit@mechelen.be

Open every day from 1 p.m. to 6 p.m. and Saturdays from 10 a.m to 6 p.m.

There is a wooden model of the cathedral which you can feel.

- [Cycling](#)

Tandem ('t Atelier)

Battelsesteenweg 50-52

2800 Mechelen

Tel.: +32 15 71 0958

E-mail: sociale.werkplaats@atelier-mechelen.be

Website: www.mechelen.be/2136/product_catalog/272/verhuur-aangepaste-fietsen.html

Non-profit organization 't Atelier hires out a tandem bike. Disabled people or less mobile people can borrow them for free.

- Information offices

Visit Mechelen

Hallestraat 2-4-6

2800 Mechelen

Tel.: +32 70 22 00 08

Fax: +32 15 29 76 53

E-mail: visit@mechelen.be

Website: www.visitmechelen.be

Some documents can be borrowed in braille or in large letter script, they can also be used for guided tours (schedules of churches...).



2. Flemish Regions

GREEN BELT AROUND BRUSSELS

- Museums and attractions

Beersel - De Lambiek Visitor Centre

Gemeenveldstraat 1
1652 Beersel
Tel.: +32 2 359 16 36
E-mail: toerisme@beersel.be
Website: www.delambiek.be

Get familiar with the spontaneous fermenting traditional “lambiek” beer in the Visiting centre De Lambiek. Lambiek forms the basis for the production of Old Geuze and Old Kriek, and it is still brewed today according to a very long tradition. The Flemish-Brabant gods’ drink is the result of artisanal knowledge that can be found nowhere else. The shades, flavours and smells of Lambiek beer are a source of refined enjoyment and authentic conviviality. The Visiting centre is the ideal place to experience this artisanal brewing process with all your senses. After viewing a wonderful film on the brewing process of lambiek you will, without a doubt, get the taste for exploring this unique and character-filled beer further. So the visiting centre De Lambiek is also the ideal starting point for a flavour-filled quest through the Pajottenland and the Zennevallei. Guides in braille are available in the visitor centre. The blind and visually impaired can use special audiovisual equipment in the multimedia hall.

Haacht - Experience Center '14 - '18

Kruineikestraat 5a
3150 Tildonk
Tel.: +32 471 97 36 42
E-mail: grooteoorlog@vlaamsbrabant.be
Website: www.vlaamsbrabant14-18.be

How did the First World War go in Flemish-Brabant? How did the people deal with the violence, lack of food, and insecurity? Where was the fighting, what was the damage and how many casualties were there? A visit to the Experience Centre ‘14-’18 submerges you in the life during the war and does this in an interesting and interactive way. From the first hand, testimonies teach you how everyday life was back then. Pictures, anecdotes and gripping life stories make you feel like you were there yourself. But you are also shown the bigger picture: the fights and the international context behind the misery of war. Blind and visually impaired persons can request the texts digitally beforehand. There is a reserved parking space.

Londerzeel - Palm breweries

Steenhuffeldorp 3

1840 Steenhuffel
Tel.: +32 52 31 74 14
E-mail: events@palm.be
Website: www.palm.be

The Palm Belgian Craft Brewers group has an impressive assortment of well-known beers under its flag. Of course you already know Palm from the Belgian draft horse on its logo. In addition to visiting to the brewery, the private hop field and the visitor centre, you can also admire the pedigree horses at the Diepensteyn stables.
Guided tours for the visually impaired are available upon reservation.

Zemst - Sportimonium

Trianondreef 19
1981 Zemst
Tel.: +32 15 61 82 22
E-mail: publiekswerking@sportimonium.be
Website: www.sportimonium.be

In the Sportimonium, you combine exercise with amazing, fun stamina tests and 150 years of sports history. In this Olympic Museum, you will surf through a unique collection of sports' heritage. Countless flyers, programmes, film fragments, photos, medals, diplomas and personal sporting materials from sports heroes tell the moving story of sports.

You don't need to be a top athlete to enjoy the Sportimonium! Test your stamina, flexibility, reaction time, balance and strength and compare your results to those of famous athletes like sprinting champion Hanne Mariën, fencer Seppe Van Holsbeke, gymnast Aagje Vanwallegheem or snowboarder Seppe Smits. Would you like to try century-old sports? In the traditional games garden you can try your hand at bowls, skittles, clog and other traditional sports. In the event of bad weather, there's plenty to do indoors: skittles, the frog game, the little mallet game or pierbol (a type of skittles) are all permanently available. Guaranteed fun for young and old(er) with these lesser known, but very enjoyable traditional sports.

'Sportimonium Anders Bekeken' (Sportimonium from a different perspective) offers people who are visually impaired a chance to visit the museum together with their family, friends, a monitor or in a group. In the permanent exhibition there are 'feeling' boxes and audio installations that give the visually impaired a picture of the history of sport. A number of public games are accessible to people with visual problems, as are the activities in 'Athletic Testing' (Meten met atleten) area.

- **Walking**

Meise - Botanic Garden Meise

Nieuwelaan 38
1860 Meise
Tel.: +32 2 260 09 70
E-mail: info@plantentuinmeise.be
Website: www.plantentuinmeise.be

With its 92ha, the botanic garden of Meise is one of the largest botanic gardens in the world and holds 18,000 sorts of plants.

For people with visual problems they have developed and tested a tour that is sure to have great appeal. We go and touch a palm tree, a carnivorous tropical insect trap plant and a water hyacinth, we feel the different climates in the glass houses and use a 3D model of the Plant Palace and relief maps of global climatic zones.

HAGELAND

- Museums and attractions

Rotselaar - Winery Visitors' centre of the region of Hageland
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Kerkstraat 16

3111 Rotselaar

Tel.: +32 16 61 64 40

E-mail: toerisme@rotselaar.be

Website: www.rotselaar.be

We recommend a visit to Wezemaal and its winery visitors' centre to discover the region of Hageland and its wine. You'll learn why this attractive area is known for its successful wine-making.

The video about viniculture in Hageland has a version with a voiceover for the blind and visually impaired persons.

- Walking and cycling

Diest - Provincial domain Halve Maan

Omer Vanaudenhovelaan 48

3290 Diest

Tel.: +32 13 31 15 28

E-mail: provinciedomein.diest@vlaamsbrabant.be

Website: www.vlaamsbrabant.be/diest

Bikes are available for hire and include tandems and electric bikes.

Zoutleeuw - Provincial domain Het Vinne
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Ossenwegstraat 70

3440 Zoutleeuw

Tel.: +32 11 78 18 19

E-mail: provinciedomein.zoutleeuw@vlaamsbrabant.be

Website: www.vlaamsbrabant.be/zoutleeuw

In Provincial Domain Het Vinne wheelchair users can follow a sensory experience path of 800m along a stream called the Sint-Odulphiusbeek, where you can use your senses to enjoy

the natural beauty of this location. The bike rental firm has some special bikes for people with a disability: a wheelchair bike, a duo-bike, tandems and bicycles with a low step. In addition, there are accessible cycle routes starting from the park. It is best to book bicycles in advance by mail or telephone.

The visitor centre has relief maps for the blind and visually impaired, to give them an impression of the different biotopes and the natural water balance in Het Vinne.

You can also visit the herb garden, which is accessible for wheelchair users, and borrow a Daisy player. In addition, for the little ones, there is the Olympic trail with instructions to suit every level of ability.



CAMPINE

- Museums and Attractions

Balen - Olmen Zoo

Bukenberg 45

2491 Balen

Tel.: +32 14 30 98 82

E-mail: info@olmensezoo.be

Website: www.olmensezoo.be

Special guided tours are organised for people with a visual disability.

Beerse - Hoeve Megusta farm

Wetschot 58

2340 Beerse

Tel.: +32 496 25 55 00

E-mail: hoevemegusta@telenet.be

Website: www.hoevemegusta.be

Hoeve Megusta is an extraordinary children's, holiday and care farm. Extraordinary, because children/adults with a physical, cognitive, auditory, visual,... limitation can also spend a meaningful day or happy holiday here. You can actively participate in all kinds of farm activities, enjoy nature and animals, learn about vegetables, herbs and animals with your class group, or come on holiday with your friends or family...

Kalmthout - Kalmthoutse Heide - De Vroente - Apiculture Museum

Putsesteenweg 131

2920 Kalmthout

Tel.: +32 3 666 61 01

E-mail: toerisme@kalmthout.be

Website: www.toerismekalmthout.be

At the edge of the Kalmthoutse Heide you will also find De Vroente and the Bijenteeltmuseum (Apiculture Museum). An ideal location for a day out experiencing nature. You can park at the Kalmthoutse Heide car park (also for de Vroente and the Apiculture Museum), where there are 5 disabled parking spaces.

De Vroente

De Vroente is at the main entrance of the Kalmthoutse Heide and is the visitor centre of "Cross-border park De Zoom-Kalmthoutse Heide". Walkers and nature lovers can also go there with all their questions.

Apiculture museum

Apiculture is an age-old tradition in the Kempen. In this museum you learn more about the marvellous world of the bee. A special guided tour for people with a visual disability is possible on demand.

More information: www.bijenteeltmuseum.be.

Cross-border park De Zoom-Kalmthoutse Heide

There are 2 semi-paved paths. One path starts at the entrance gate De Vroente; this accessible path 'Klein Zwitserland' goes by the Withoefse Heide.

Another semi-paved path starts at the entrance gate Ravenhof/Moretusbos. This path leads you through the old castle garden.

Kalmthout - Provincial Children's Museum Spike and Suzy

Beauvoislaan 98

2920 Kalmthout

Tel.: +32 3 666 64 85

E-mail: suskeenwiske@provincieantwerpen.be

Website: www.provincieantwerpen.be/aanbod/doe/suske-en-wiske-kindermuseum.html

This museum is a real hands-on museum for children, but also for everyone who feels young! Step into the world of Spike and Suzy and discover where Willy Vandersteen got the inspiration for his cartoons through various fun tasks. You will use the special pencils of Aunt Sidonia for these. With your own character sheet full of inspiration you can have creative fun even after the tour itself.

There is free tailored accompaniment for visually impaired or blind visitors. You only need to arrange this by reservation at least three weeks before your visit.

Lier - Zimmer pavilion

Zimmerplein 18b

2500 Lier

Tel.: +32 3 800 03 95

E-mail: info@zimmertoren.be

Website: www.zimmertoren.be

On the Zimmer Square next to the Solar System you will find a bronze scale model of the Zimmer Tower in 3 languages and in Braille.

• **Cycling**

Accessible bike loops Province of Antwerp

Boomgaardstraat 22 B 101

2600 Antwerp

Tel.: +32 3 240 61 61

E-mail: kansen@provincieantwerpen.be

Website: www.provincieantwerpen.be

Four pretty and fully accessible bike loops have been mapped out in the province of Antwerp, three near the Antwerp Camine region and one in Scheldeland. Not only the cycle routes themselves were considered, but also accessible sights and hospitality addresses (with or without adapted toilets) in the vicinity of the routes were added. The result is a nice package, with cycle routes making a loop, starting and finishing at accessible lodging. In this way, people with reduced mobility can use them for a nice weekend or short break. The routes are accessible for hand bikers, but people who are easily fatigued, parents with bicycle trailers and tandem cyclists can also benefit.

You can find the cycling routes and tourist information with concise accessibility information in Dutch at www.kempen.be and www.scheldeland.be.

Mol - Adapted bikes (Fietsenatelier)

Sint-Apolloniaan 190b

2400 Mol

Tel.: +32 14 32 14 45

Website: www.fietsenatelier.be

Fietsenatelier hires out: a comfort cycle with back support, walk assistance, three wheelers for children and adults, a tree wheeler reclining bike, a three wheeler tandem bike, wheelchair bikes, a 2-seater three wheeler bike, and 2-seater bike and tandems.

RIVER MEUSE REGION

- **Cycling**

Maasmechelen - hiring bikes

Weldoenerslaan 5

3630 Maasmechelen

Tel.: +32 89 77 05 35

E-mail: animatie@kfh.be

Website: www.fietspleziervooriedereen.be/verhuur.html

Holiday home Fabiola has an extensive bike park with several adapted bikes (tandems, tricycles, O-Pair bikes, wheelchair bikes...). Everything can be rented at a democratic price, even if you're not staying in the holiday home. You can start right away on the network of cycling paths of Kempen (Campine) and Maasland (Meuse region) or in the High Campine National Park.

HASPENGOUW

- **Museums and attractions**

Hasselt - Jenever Museum

Witte Nonnenstraat 19

3500 Hasselt

Tel.: +32 11 23 98 60

E-mail: jenevermuseum@hasselt.be

Website: www.jenevermuseum.be

In an agricultural distillery from the 19th century - in the middle of the town Hasselt - the Jenever Museum tells the story of the Belgian jenever, from grain to drink. Among other things, you follow the production process in an authentic 19th century distillery installation and go through over 1,000 years of history of the art of distillery. Smelling, feeling and tasting are also on the programme.

Some texts may be too small to read, but you can also get the texts in a large font in the museum itself or download them on the website.

Tongeren - Gallo-Roman Museum

Kielenstraat 15

3700 Tongeren

Tel.: +32 12 67 03 30

E-mail: grm@limburg.be

Website: www.galloromeinsmuseum.be

In the Gallo-Roman Museum you will discover the many facets of human history, from prehistoric times to the end of the Roman age. You will learn about the major events that changed history and see more than 2000 objects from the museum's own collections, carefully explained and presented in a fascinating way by Niek Kortekaas and De Gregorio & Partners. The Gallo-Roman Museum was chosen as the best European museum in 2011. Tours can be booked upon request for the blind and visually impaired. There are also many sensory tables that make it possible to feel history.

- **Cycling**

Electric bikes - cycling paradise Limburg
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Tel.: +32 800 96 967

Website: www.toerismelimburg.be/nl/fietsen

You can hire electric bikes at Fietsparadijs Limburg (cycling paradise Limburg) from 1 April to 30 September inclusively, from 10 a.m. until 5 p.m., and at nine different spots in the Province: Borgloon, Genk, Hasselt, Neerpelt and Peer. You can find tandems in Sint-Truiden and at the Paalse Plas (Beringen). For more information and reservations, you can call the free telephone number 0800 96 967 (option 2). From abroad, you can make a reservation on the number +32 11 33 27 56.

Fietsbasis

Rodenbachstraat 29/7

3500 Hasselt

Tel.: +32 11 25 65 76

E-mail: info@fietsbasis.be

Website: www.fietsbasis.be/fietsbasis-verhuur-algemeen

Feel like a nice bike ride through beautiful Limburg? Make sure you have a look at the Fietsbasis website. Here you will find different modified cycles that you can hire for the day.

Thanks to 9 cycle collection and service locations and 8 bike hire locations spread all over Limburg, your bike ride will be worry free. You will be able to access parking spots, special sanitary facilities, information about the cycling routes and networks and hire-bikes, ...



THE LIMBURG CAMPINE

- Museums and attractions

Genk - Cosmodrome and Domain Kattevennen

Planetariumweg 18/19

3600 Genk

Tel.: +32 89 65 55 55

E-mail: cosmodrome@genk.be

Website: www.kattevennen.be

One of the five active public conservatories in Vlaanderen and also access point to the National Park 'Hoge Kempen'. Here, you will learn a lot about astronomy, space travel and meteorology. The Cosmodrome has a giant telescope and a projector that accurately represents the movement of the stars and planets on a screen of 400m². It can reproduce star-spangled skies from every place on earth and from any date. In total, it shows up to 9000 stars.

The extensive library has publications with pictures of constellations in braille for the visually impaired.

The Kattevennen domain, one of the 6 entrances to the Hoge Kempen National Park, has walking paths, a geological garden, a playground, picnic benches, midget golf and a Sport Vlaanderen Genk sport centre.

- Walking

Peer - Lieveheersbeestjespad Resterheide

Begijnenvijvers

3990 Peer

Tel.: +32 11 61 16 02

E-mail: toerisme@peer.be

Website: www.toerismepeer.be/nl/1653/content/1867/op-avontuur-in-resterheide.html

Five walking routes have been traced out in nature reserve Resterheide. One of them is the ladybird route, which is adapted to wheelchair users, baby buggies and blind and visually impaired people. The path, located in the valley of the Zwarte Beek, is 2.5km and has elements of perception and information signs in braille.

SURROUNDINGS OF BRUGES

- Monuments and buildings

Torhout - Wijnendale Castle

Oostendestraat 390

8820 Torhout

Tel.: +32 50 22 07 70

E-mail: toerisme@torhout.be

Website: www.kasteelwijnendale.be

Visit this historic castle domain with its impressive moated castle, and you will be very impressed. The castle museum is set up in the left wing: definitely worth a visit! A visitors centre is accommodated in the porter's lodge, where the visitors can receive information about the region (Ommeland Bruges) and exhibitions take place.

A PDA (pocket computer with headphones) is available. Guide dogs are permitted in the domain.

RIVER LYS REGION

- Museums and attractions

Kortrijk - TEXTURE | Museum on Flax and river Lys

Noordstraat 28

8500 Kortrijk

Tel.: +32 56 27 74 70

E-mail: texture@kortrijk.be

Website: www.texturekortrijk.be

Texture tells about the linen and flax manufacturing industries. It is a story with very strong roots that displays good craftsmanship and entrepreneurship, daring innovation and agility and constantly reinventing itself. In three rooms, furnished in an authentic flax mail order company (1912), you discover the revolutionary development that the flax manufacturing industry caused in the area of Kortrijk. The past will surprise you, but the stories of today and tomorrow will astonish and inspire you.

A spacious elevator brings you to the floors (the elevator buttons have braille indications, but are in a close corner). The exhibited material, the texts and the interactive elements are usually easily accessible, visible and usable. Attention has been paid to putting in sufficient contrasts for visually impaired people. Especially the Miracle Room focuses on a sensory experience (feeling, tasting, smelling, hearing).

Menen - Jukeboxmuseum

Wervikstraat 192

8930 Menen

Tel.: +32 499 537 625

E-mail: info@jukeboxmuseum.be

Website: www.jukeboxmuseum.be

A jukebox is a time machine: put a coin in the slot to take you back to the time of Elvis, grease and rock 'n roll. Visit the jukebox museum to see a wonderful collection of machines. You'll learn about their exciting history and the technical secrets of the machines.

Guided tours for people with a visual impairment.

- **Cycling**

Deinze - Bike Corner - hiring out of tandems and electric bikes
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Oudenaardsesteenweg 1
9800 Deinze
Tel.: +32 9 386 88 75
E-mail: bikecorner@skynet.be
Website: www.bikecorner.be

Bike Corner hires out 6 tandems, 10 city bikes and 2 electric bikes.

Deinze - Het Verzet - hiring out of tandems and electric bikes

Nieuwstraat 41
9800 Deinze
Tel.: +32 9 380 27 20
E-mail: info@hetverzet.be
Website: www.hetverzet.be

Het Verzet rents out more than 20 tandems, 12 electric bikes, 1 electric tandem, 1 electric carrier bike, 1 underwater tandem, etc. For groups of 10 or more, bicycles can be delivered on site. Contact Het Verzet for more info and prices.

Waregem - Werkplus Veloods Bike rental

Windhoek 17
8790 Waregem
Tel.: +32 56 61 34 38
E-mail: veloods@werkplus.be
Website: www.werkplus.be

At Veloods bike hire, you will find a great range of standard and specialised bikes for young and old, including tandems and electric bikes. They also offer a great range of cycling maps.

FLANDERS FIELDS

VISITFLANDERS has a separate brochure for accessible trips in Flanders Fields: Great War Centenary, accessible for all. Request this brochure at the Inclusive Tourism department via telephone no. +32 2 504 03 40 or via accessible@visitflanders.com. You can also flick through the digital brochure and order it via www.flanders.be/en/publications. There is also a brochure available that exclusively features adaptations for persons with a visual impairment.



WAASLAND

- Food and Drink

Sint-Niklaas - Foubert - Cremerie & Chocolate bar

Stationsstraat 127

9100 Sint-Niklaas

Tel.: +32 3 336 23 80

E-mail: info@foubert.eu

Website: www.foubert.eu

There is a menu in braille available.

RIVER SCHELDE REGION

- Monuments and buildings

Dendermonde - Church of Our Lady

Onze-Lieve-Vrouwekerkplein

9200 Dendermonde

Tel.: +32 52 21 39 56

E-mail: toerisme@dendermonde.be

Website: www.dendermonde.be

Guided tours for the blind and people with impaired vision are possible.

- **Cycling**

Accessible bike loops province of Antwerp
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Boomgaardstraat 22 B 101

2600 Antwerp

Tel.: +32 3 240 61 61

E-mail: kansen@provincieantwerpen.be

Website: www.provincieantwerpen.be

Four pretty and fully accessible bike loops have been mapped out in the province of Antwerp, three near the Antwerp Camine region and one in Scheldeland. Not only the cycle routes themselves were considered, but also accessible sights and hospitality addresses (with or without adapted toilets) in the vicinity of the routes were added. The result is a nice package, with cycle routes making a loop, starting and finishing at accessible lodging. In this way, people with reduced mobility can use them for a nice weekend or short break. The routes are accessible for hand bikers, but people who are easily fatigued, parents with bicycle trailers and tandem cyclists can also benefit.

You can find the cycling routes and tourist information with concise accessibility information in Dutch at www.kempen.be and www.scheldeland.be.

Bornem - De Zilverreiger - Tandem and quality bicycle rental in WEERT
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Scheldestraat 18

2880 Bornem

Tel.: +32 3 889 06 03

E-mail: info@zilverreiger.be

Website: www.zilverreiger.be

Selection: 70 high-quality bikes + 25 children's bikes + 12 tandems and 1 buddy bike (fun2go) with 3 electric speeds. Order 2 electric bikes!

Blind or visually impaired persons and those accompanying them can borrow a tandem for free.

Hamme - Tandem (Tourism Hamme)

Marktpllein 1

9220 Hamme

Tel.: +32 52 47 56 05

E-mail: toerisme@hamme.be

Website: www.hamme.be > Ontspannen >

Toerisme > Fietsverhuur

The tourist office of Hamme puts 6 tandems (for people with a visual disability and their accompanying person) at the disposal for free. Other people pay 10 euro per day.

Wetteren - Tourism Wetteren - renting out of a tandem and electric bikes

Markt 23

9230 Wetteren

Tel.: +32 9 366 31 04

E-mail: toerisme@wetteren.be

Website: www.beleefwetteren.be

The tourist office of Wetteren rents out 1 tandem and 2 electric bikes on demand.



FLEMISH ARDENNES

- Museums and attractions

Oudenaarde - Tour of Flanders Centre

Markt 43

9700 Oudenaarde

Tel.: +32 55 33 99 33

E-mail: info@crvv.be

Website: www.crvv.be

Crazy about bike races? Come and enjoy yourself to your heart's content. The Centre for the Tour of Vlaanderen is a multifunctional visitor's centre that includes an experience museum, an exhibition area, a film auditorium, a museum shop and a cyclists brasserie. In the museum you will be immersed in the unique Tour of Vlaanderen atmosphere by multimedia, objects, texts and images. You can get information about cycle tourism in the Flemish Ardennes from the reception desk.

There are audio guides for visitors with a visual or hearing impairment.

Oudenaarde - Provincial Archaeological Museum (pam) Ename

Lijnwaadmarkt 20
9700 Oudenaarde-Ename
Tel.: +32 55 30 90 40
E-mail: pam-ename@oost-vlaanderen.be
Website: www.pam-ename.be

The Provincial Archaeological Museum at Ename throws light on the history of the Flemish Ardennes, in particular in the late middle ages. The museum lies next to the church of St. Laurentius.

Tactile surfaces are provided for the blind and visually impaired and you can also touch replicas of valuable objects and listen to special audio guides. Texts in large type are also available.



© Pam Ename

- **Cycling**

Wortegem-Petegem - Renting out of adapted bikes (only for groups)

Meersstraat 9
9790 Wortegem-Petegem
Tel.: +32 497.45 62 94
E-mail: desneukelfiets@telenet.be
Website: www.tsneukelwiel.be

De Sneukelfiets (a project from the non-profit 't Sneukelwiel): provides regular bikes, tandems, trikes, wheelchair bikes and buddy bikes in Petegem-Schelde (near the domein de Ghellinck in Wortegem-Petegem). Electric wheelchair bikes, electric buddy bikes and electric trike tandems are also available. Mainly for groups and only after an appointment via mail: desneukelfiets@telenet.be.

Nearby accessible cycling route: the Sneukelfiets route (starting point in the Domein de Ghellinck). Brochure available on request.

3. COAST

VISITFLANDERS has a separate brochure for accessible trips along the Flemish coast: The Flemish Coast, accessible for all. Request this brochure at the Inclusive Tourism department via telephone no. +32 2 504 03 40 or via accessible@visitflanders.com. You can also flick through the digital brochure and order it via www.flanders.be/en/publications.

